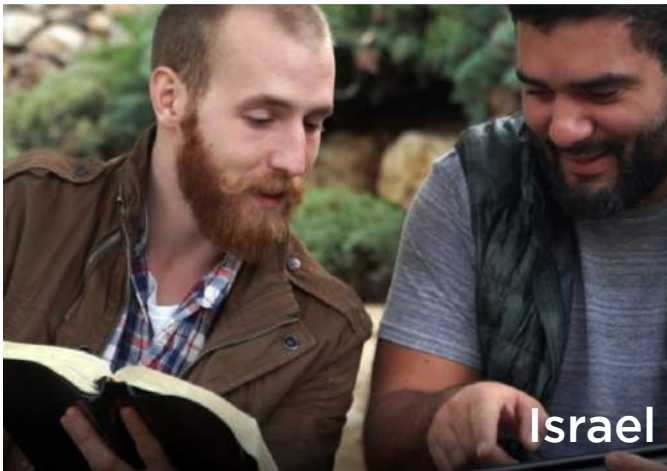


Kenya



Israel



Brazil



United States

Discipleship Journeys with *Jesus*



New Testament Quarter 1

Foundational Journeys with Jesus (The Gospels)

Discipleship Challenge Journeys 1 to 4

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Discipleship Journeys with Jesus exists to disciple people in actionable, biblical wisdom.

Our vision is to take 100 million people on Discipleship Journeys with Jesus.

“You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others.”

(2 Timothy 2:2 NLT)

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djjministry.org

STATEMENT OF FAITH

We believe the Bible, consisting of all the Old and New Testaments’ books, to be the inspired, only infallible, authoritative Word of God. The Old and New Testaments’ Scriptures are without error or misstatement in their moral and spiritual teaching and record of historical facts. They are without error or defect of any kind. **We believe that there is one God**, eternally existent in three persons: Father, Son, and Holy Spirit. **We believe in the deity of our Lord Jesus Christ**, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and His personal return in power and glory. We believe that **regeneration by the Holy Spirit** is absolutely essential for the salvation of the lost and sinful. **We believe in the Holy Spirit’s present ministry by whose indwelling the Christian is enabled to live a godly life. We believe in the resurrection of both the saved and the lost;** they are saved unto the resurrection of life, and they are lost unto the resurrection of damnation. **We believe in the spiritual unity of believers in our Lord Jesus Christ.**

Adopted on July 18, 2016. This statement borrows heavily from the National Association of Evangelicals.



ABOUT DR. MARK ALAN WILLIAMS

Mark is an author, speaker, pastor, and parachurch leader. Since 1981, he has served in full-time ministry, starting churches, writing resources, and training leaders worldwide. He has traveled to over 75 countries and has spoken on every inhabited continent in the world.

In the fall of 2016, he founded **Discipleship Journeys with Jesus (DJJ)**, a discipleship ministry that helps fulfill Jesus' Great Commission to "make disciples." These free Bible-based lessons and videos guide people worldwide in becoming followers of Jesus as they interact with Scripture. The long-term vision is to take 100 million people on discipleship journeys with Jesus.

For 18 years, Mark served with **Dynamic Church Planting International (DCPI)**, helping to build the ministry from the ground up. His last position at DCPI was as Vice President of Global Church Planting Materials. Mark wrote and oversaw resources that are now used to train over 25,000 leaders yearly in more than 100 countries. These materials have been translated into over 55 languages.

Mark's blog, **MarkAlanWilliams.net**, is about "**Making Discipleship Doable.**" Through it, he helps people figure out the world and live a dynamic, God-centered life from an interdenominational Christian perspective. His site has been read in over 140 countries.

Mark graduated from Moody Bible Institute, Biola University, Talbot Seminary, and Fuller Theological Seminary, where he earned a Doctor of Ministry degree. In 2010 he was honored to be the Moody Bible Institute's "Alumnus of the Year."

Over the years, Mark also has:

- Served as an intern with author and speaker Josh McDowell.
- Been a Church Planter, followed by ten years as Senior Pastor. During that time, his church started several daughter and partner churches.
- Served as a part-time denominational church planting director.
- Spoken and trained in countries as diverse as Pakistan, Siberia, Egypt, Peru, The Congo, Australia, Ethiopia, Italy, Nepal, Myanmar, Colombia, and many others.
- Authored or co-authored six books.

Mark's hobbies include playing basketball, singing, guitar playing, and reading. Mark & Carolyn have been married since 1979. They love to go hiking, work out at the gym, and travel. Mark & Carolyn have three sons, Gabe, Danny, and Ben.



OVERVIEW

Discipleship Journeys with Jesus

First, if you did not download these lessons from the website, go to djjministry.org to create a free account and access the journey videos and other resources. Click on the “Start Your Journeys Here” button from the home page or use this Q.R. code.



After signing up, use the *Login tab* to sign on and access your lessons.

Discipleship Journeys with Jesus (DJJ) is a discipleship resource that takes people from A to Z in what it means to follow Jesus, from both the New and Old Testaments.

The lessons are divided into eight quarters, four New Testament and four Old Testament, with 13 journeys in each quarter totaling 104 discipleship lessons.

New Testament Studies:

- Quarter 1, Foundational Journeys with Jesus (The Gospels)
- Quarter 2, Church Planting Journeys with Jesus (Acts 1-16)
- Quarter 3, Journeys to Maturity in Jesus (Acts 17-28)
- Quarter 4, Deeper Journeys with Jesus (The Epistles)

Old Testament Studies:

- Quarter 1, Journeys with Jesus in Prehistory and the Beginning of Human History (The Pentateuch)
- Quarter 2, Journeys with Jesus in the History of God's Chosen People (The Historical Books)
- Quarter 3, Journeys with Jesus in Poetry (The Poetic and Wisdom Books)
- Quarter 4, Journeys with Jesus in Prophecy (The Major and Minor Prophets)

Also, the studies can be done by following an area of focus:

1. **Inner Life:** These journeys focus on inner spiritual and emotional discipleship, the Kingdom within us, and lead to greater maturity of spirit and character.
2. **Deeper Discipleship:** These journeys focus on more in-depth spiritual disciplines that bring deeper intimacy levels with Jesus.
3. **Spiritual Leadership:** These journeys focus on spiritual leadership lessons from both the positive and negative examples of biblical leaders.

Each journey includes a study of the Scripture passage and two videos recorded on location in Israel, Egypt, Turkey, Greece, and Italy. The student receives a *Personal Application* drawn from the *Highlight of the Journey* to apply the lesson learned, which will help them respond to the *Traffic Light*. These DJJ lessons can be used in many ways, such as in small groups, classes, one-on-one mentoring, homeschools, house churches, family devotions, leadership training schools, youth classes, and so on!

These digital materials are provided online without charge through the generosity of those who support the ministry of **Discipleship Journeys with Jesus**. If they bless you, please consider supporting the ministry by going to djjministry.org/donate.

Introduction to the Four Gospels

Read these introductions when directed in the Journey Trip Preparation.

The gospels are four different yet harmonious accounts of the birth, life, ministry, death, and resurrection of Jesus Christ. The gospels show how Jesus was the promised Messiah, record His teachings, and are the foundation for the teaching of the rest of the New Testament.

INTRODUCTION TO THE BOOK OF MATTHEW

The author: The earliest reliable tradition links this gospel to Matthew (also called Levi), the tax collector, one of the 12 disciples of Jesus. The style of the book is what we would expect from an accountant who was a tax collector. It is orderly and concise. Tax collectors were expected to write in shorthand, and thus Matthew could record Jesus' words and sermons word-for-word as transcripts.

The recipients: Matthew was written when most believers were Jewish converts. Thus, the book was written originally for the Jews and from a Jewish perspective. However, it has a message for everyone and declares that believers must make disciples in "all nations" (Matthew 28:19).

The theme: Matthew's main purpose was to prove to Jewish readers that Jesus is the long-awaited Messiah. He emphasizes Jesus' lineage and repeatedly quotes Old Testament Scriptures that show how Jesus fulfilled the prophecies of the Messiah.

The date: Matthew was likely written sometime between A.D. 50-70.

INTRODUCTION TO THE BOOK OF MARK

The author: The early church agreed unanimously that John Mark wrote this gospel ("John, also called Mark," see Acts 12:12,25; 15:37). Mark was a close associate of the Apostle Peter and Peter's spiritual son (1 Peter 5:13). While he was not one of the twelve, he received first-hand information and preserved the information in written form. Mark's account is incredibly vivid when recounting incidents involving Peter.

The recipients: Mark's gospel seems written for Roman believers, especially Gentiles. Mark explains Jewish customs (7:2-4; 15:42) and translates Aramaic words (3:17; 5:41; 7:11,34; 15:22,34). In addition, Mark focuses on persecution (8:34-38; 13:9-13), an issue for Roman believers.

The theme: Mark was written to show that Jesus is the Son of God and that we must respond by being his disciples. This theme is stated in the very first verse of the book, "The beginning of the gospel of Jesus Christ, the Son of God" (1:1). Later, Jesus is identified at His baptism and transfiguration, "This is my beloved Son" (1:11, 9:7). The conclusion of the Centurion is, "Truly this was the Son of God" (15:39). People are forced to decide who Jesus is and if they will follow Him. However, rather than following a set of rules or doctrines, being a follower of Jesus means having a relationship with Him.

The date: Mark was likely written either in the mid to late 50's A.D or the late 60s.

INTRODUCTION TO THE BOOK OF LUKE

The author: Luke 1:1-4 and Acts 1:1-3, make it clear that the same author wrote both Luke and Acts. Early Christian writings say that Luke, a physician, was the author. He was a close companion of the Apostle Paul (Colossians 4:14; 2 Timothy 4:11). Luke is the only Gentile to write any books of Scripture.

The recipients: Originally, the gospel of Luke and the book of Acts were written to “the most excellent Theophilus,” a Gentile convert (Luke 1:3; Acts 1:1). The words “most excellent” indicate that he was probably a high-ranking official in the Roman government. Theophilus might have been Luke’s patron who was in charge of seeing that his writings were distributed widely. Such patronage was common in the Roman world. Luke’s broader target was Gentile Christians like Theophilus.

The theme: The gospel of Luke is a careful history—an “orderly account” (Luke 1:3) consistent with Luke’s medical mind. It includes details that other gospels do not. Luke highlights Jesus’ compassion for Gentiles, Samaritans, women, children, tax collectors, sinners, and others regarded as outcasts in Israel. This inclusive approach demonstrates that the gospel should be preached to the world!

The date: Bible scholars usually date the writing between A.D. 58 and 65.

INTRODUCTION TO THE BOOK OF JOHN

The author: While the gospel of John does not name its author, the unanimous testimony of early Christians was that John was the author. John 21:20-24 indicates the author of the gospel of John was “the disciple whom Jesus loved,” and this is understood to be John the Apostle, one of the sons of Zebedee (Luke 5:10).

The recipients: John’s specific audience is not defined, but he was likely writing to Jews and Gentiles living in Ephesus and beyond in the larger Greco-Roman world. Many believe John wrote his gospel while he was living in Ephesus.

The theme: John stated, “These are written, that ye may believe that Jesus is the Christ, the Son of God, and that believing, you may have life through His name” (John 20:31). John also wrote to correct false teaching of the first century. Contrary to a teaching that the “Christ-spirit” came on Jesus at his baptism and left at the crucifixion, John presents Jesus as “the Son of God” who is fully God and fully man.

The date: Bible scholars believe that John likely wrote sometime between A.D. 50 and 100. Belief in an earlier date as early as A.D. 50 is a newer development, with a timeframe of A.D. 80-85 being more commonly accepted. The discovery of papyrus fragments dated around A.D. 135 requires the gospel of John to have been written, copied, and circulated before then, making an earlier date more believable.

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Welcome to New Testament Quarter 1!



Watch the “New Testament
Quarter 1 Begin Your
Journey” video now,
if you can

This quarter starts with *Foundational Journeys with Jesus* in the gospels (Matthew, Mark, Luke, and John). These gospels were written for the early church and other individuals to help guide them in their walk with Jesus. Additionally, they are for all believers throughout the centuries.

Be sure to watch the videos (if you are able) and use the memory verse to hide God’s Word in your heart (Psalms 119:11). Study the *Checkpoints on Your Journey* at the end of each lesson to understand important biblical teaching related to the topic.

My prayer is that you will go deeper with God as you walk through these Discipleship Journeys with Jesus.

Making Discipleship Doable,

A handwritten signature in cursive script that reads "Dr. Mark Alan Williams".

Dr. Mark Alan Williams
Founder and President.

Special Note: *DJJ recognizes differences in understanding regarding the Holy Spirit’s work among Bible-believing Christians. As always, our goal is to be biblical and without bias. If you have a different experience or understanding, we respect your perspective. We encourage you to share it with others and the Scriptural teaching presented in this Journey without changing the written lessons.*



If you can, watch the
“Journey 1 Intro”
video now.



JOURNEY 1

Jesus' Journey to the Cross

Salvation

Focus: Inner Life

JOURNEY REVIEW

Jesus always was and is with us; therefore, every journey is a “Jesus journey.” “For by Him, all things were created, in the heavens and on the earth, things visible and things invisible” (Colossians 1:16a). “Behold, I am with you always, even to the end of the age” (Matthew 28:20).

TRIP PREPARATION

Read about the book of Mark in the New Testament Quarter 1 Introduction. If you can, remember to watch the Journey 1 Intro video before starting this lesson.

Why the Discipleship Journey lessons begin with *Jesus' Journey to the Cross* and salvation:

1. It is impossible to “make disciples” unless people are firstborn again.
2. Discipleship starts with salvation. It is the first essential step in following Christ, and baptism is the second.
3. The Gospel of Jesus is the core message of the entire Bible. Therefore, it must not be omitted.
4. Christians often create a false dichotomy not found in the Bible between salvation and discipleship. Sadly, this leads some to think that a believer’s work is finished when people pray for salvation; thus, they are never disciplined. Instead, understand that salvation and discipleship as inseparable. Discipleship cannot happen without salvation. Likewise, salvation should not occur without discipleship.
5. It is a mistake to assume people are born again. It is a great discussion point to hear other’s salvation stories in a group or individual discipleship times.

In addition to this lesson, a resource was created for those not quite ready to make a salvation decision. This resource, *God's Invitation*, can be found on the website under journey 1’s lesson or in the New Testament Quarter 1 full PDF.

Locate Jerusalem on the map.

Please note: Encourage disciples to create their login on the DJJ website to be notified of any updates and new resources via email. They multiply other disciples, they have access to lessons, and registration online creates a record of the people using DJJ gives the ministry the date to report to donors who help provide the lessons at no cost.

Jesus Delivered to Pilate

¹ Immediately in the morning the chief priests, with the elders, scribes, and the whole council, held a consultation, bound Jesus, carried Him away, and delivered Him up to Pilate. ² Pilate asked Him, "Are you the King of the Jews?" He answered, "So you say." ³ The chief priests accused Him of many things. ⁴ Pilate again asked Him, "Have you no answer? See how many things they testify against you!" ⁵ But Jesus made no further answer, so that Pilate marveled.

The Crowd Chooses Barabbas

⁶ Now at the feast he used to release to them one prisoner, whomever they asked of him. ⁷ There was one called Barabbas, bound with his fellow insurgents, men who in the insurrection had committed murder. ⁸ The multitude, crying aloud, began to ask him to do as he always did for them. ⁹ Pilate answered them, saying, "Do you want me to release to you the King of the Jews?" ¹⁰ For he perceived that for envy the chief priests had delivered him up. ¹¹ But the chief priests stirred up the multitude, that he should release Barabbas to them instead.

Pilate Delivers Jesus to Be Crucified

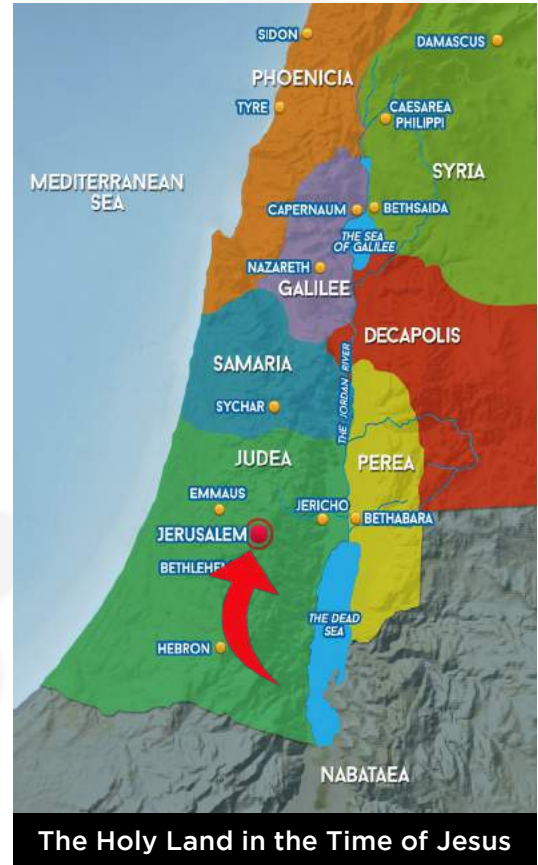
¹² Pilate again asked them, "What then should I do to Him whom you call the King of the Jews?" ¹³ They cried out again, "Crucify Him!" ¹⁴ Pilate said to them, "Why, what evil has He done?" But they cried out exceedingly, "Crucify Him!" ¹⁵ Pilate, wishing to please the multitude, released Barabbas to them, and handed over Jesus, when he had flogged Him, to be crucified.

The Soldiers Mock Jesus

¹⁶ The soldiers led Him away within the court, which is the Praetorium; and they called together the whole cohort. ¹⁷ They clothed Him with purple; and weaving a crown of thorns, they put it on Him. ¹⁸ They began to salute Him, "Hail, King of the Jews!" ¹⁹ They struck His head with a reed and spat on him, and bowing their knees, did homage to him. ²⁰ When they had mocked him, they took the purple cloak off him, and put his own garments on him. They led him out to crucify him.

The Crucifixion

²¹ They compelled one passing by, coming from the country, Simon of Cyrene, the father of Alexander and Rufus, to go with them that he might bear his cross. ²² They brought him to the place called Golgotha, which is, being interpreted, "The place of a skull." ²³ They offered him wine mixed with myrrh to drink, but he didn't take it. ²⁴ Crucifying him, they parted his garments among them, casting lots on them, what each should take. ²⁵ It was the third hour when they crucified him. ²⁶ The superscription of his accusation was written over him: "THE KING OF THE JEWS." ²⁷ With him they crucified two robbers, one on his right hand, and one on his left. ²⁸ The Scripture was fulfilled which says, "He was counted with transgressors." ²⁹ Those who passed by blasphemed him, wagging their heads and saying, "Ha! You who destroy the temple and build it in three days, ³⁰ save yourself, and come down



Map Location: Jerusalem

from the cross!" ³¹ Likewise, also the chief priests mocking among themselves with the scribes said, "He saved others. He can't save himself. ³² Let the Christ, the King of Israel, now come down from the cross, that we may see and believe him." Those who were crucified with him also insulted him.

The Death of Jesus

³³ When the sixth hour had come, there was darkness over the whole land until the ninth hour. ³⁴ At the ninth hour Jesus cried with a loud voice, saying, "Eloi, Eloi, lama sabachthani?" which is, being interpreted, "My God, my God, why have you forsaken me?" ³⁵ Some of those who stood by, when they heard it, said, "Behold, he is calling Elijah." ³⁶ One ran, and filling a sponge full of vinegar, put it on a reed and gave it to him to drink, saying, "Let him be. Let's see whether Elijah comes to take him down." ³⁷ Jesus cried out with a loud voice, and gave up the spirit. ³⁸ The veil of the temple was torn in two from the top to the bottom. ³⁹ When the centurion, who stood by opposite him, saw that he cried out like this and breathed his last, he said, "Truly this man was the Son of God!" ⁴⁰ There were also women watching from afar, among whom were both Mary Magdalene and Mary the mother of James the less and of Joses, and Salome; ⁴¹ who, when he was in Galilee, followed him and served him; and many other women who came up with him to Jerusalem.

The Burial of Jesus

⁴² When evening had now come, because it was the Preparation Day, that is, the day before the Sabbath, ⁴³ Joseph of Arimathaea, a prominent council member who also himself was looking for God's Kingdom, came. He boldly went in to Pilate, and asked for Jesus' body. ⁴⁴ Pilate was surprised to hear that he was already dead; and summoning the centurion, he asked him whether he had been dead long. ⁴⁵ When he found out from the centurion, he granted the body to Joseph. ⁴⁶ He bought a linen cloth, and taking him down, wound him in the linen cloth and laid him in a tomb which had been cut out of a rock. He rolled a stone against the door of the tomb. ⁴⁷ Mary Magdalene and Mary the mother of Joses, saw where he was laid.

JOURNEY PASSAGE 2

MARK 16:1-6 [WEB]

¹ When the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome bought spices, that they might come and anoint him. ² Very early on the first day of the week, they came to the tomb when the sun had risen. ³ They were saying among themselves, "Who will roll away the stone from the door of the tomb for us?" ⁴ for it was very big. Looking up, they saw that the stone was rolled back. ⁵ Entering into the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. ⁶ He said to them, "Don't be amazed. You seek Jesus, the Nazarene, who has been crucified. He has risen! He is not here. See the place where they laid him!

TRAVEL QUESTIONS

Answered in this journey: What does *Jesus' Journey to the Cross* teach us about eternal salvation?

1. Why did Jesus not try to defend Himself when questioned? (verses 2-5)

Also, read Mark 8:31; Matthew 16:21. _____

Was Jesus' journey to the cross accidental or deliberate? _____

2. Why would Jesus deliberately journey to Jerusalem and the cross? **Read John 3:14-18.**

Note: Moses lifting a serpent in the wilderness refers to a plague where poisonous snakes killed many Israelites. (Numbers 21:6-9) God's miraculous solution was that a brass serpent was fashioned and put on a pole (like a cross). When the Israelites looked in faith at the serpent, they were miraculously healed-a wonderful symbol of Jesus being lifted on the cross.

3. On a human level, why did the chief priests want Jesus crucified? (verse 10) _____

On a human level, why did Pilate have Jesus crucified? (verse 15) _____

Summary: The Jewish and Roman leaders crucified Jesus for sinful reasons. But God had a different plan: "Because Christ also suffered for sins once, the righteous for the unrighteous, that He might bring you to God." (1 Peter 3:18a)

4. What did Jesus say His mission was in Mark 10:45? _____

5. According to Romans 3:23, what is the spiritual condition of all people? _____

Read Romans 6:23. What "wages" do all people earn because of their sins? _____

According to **Colossians 2:14**, what did God do with sin? _____

So, what did God accomplish by Jesus' death, according to **1 Peter 3:18**? _____

6. Why did people mock Jesus? (verses 29-30) **Also, John 2:18-22.** _____

What happened three days later? **Mark 16:1-6.** _____

What is the significance of Jesus' resurrection for us? **1 Corinthians 15:20-22.** _____

7. What are the two requirements for eternal life found in Romans 10:9?

Note: Confessing Jesus as "Lord" means making Him the boss of your life.

a. _____

b. _____

8. Have you met these two requirements? _____

Are you sure you have eternal life based on God's promise in the Bible? Yes No

If you marked no, please make this your prayer right now:

**Lord Jesus, thank you for dying for my sins and rising
from the dead to overcome sin and death. I receive your gift
of salvation. Come into my life, help me live for you, and know
I am yours. In Jesus' name
Amen.**

If you are still unsure about accepting Jesus Christ as your Lord and Saviour, please talk with your mentor and see *God's Invitation*.

TRIP SUMMARY

Jesus' journey to the cross was a deliberate giving of Himself to die for the sins of every person in the world (past, present, and future.) He did not stay dead. He rose to life three days later to overcome sin and death for all who put their faith in Him!

Salvation is vital to the Christian faith because it is how believers are reconciled to God and receive eternal life. Sin entered the world through the disobedience of Adam and Eve in the Garden of Eden. As a result, all human beings have been born with a sinful nature. The Bible teaches that the penalty for sin is physical and spiritual death and that no one can earn their way to salvation through good works or moral living.

Therefore, Christians believe that salvation is a gift from God, made possible through the death and resurrection of Jesus Christ. By accepting Jesus as their Savior, Christians can be forgiven of their sins, reconciled to God, and have the hope of eternal life in heaven. Salvation means to be saved from sin and the consequences of sin and to have a personal relationship with God. It is a core belief of the Christian faith and a source of hope, joy, and peace for believers.

PERSONAL APPLICATION

Have you decided to accept Jesus as your Savior? Yes No

If chose yes, write the details of your salvation. _____

If you marked no, what is your next step? Do you need to talk to your mentor? Or do you need to complete *God's Invitation* with your mentor? _____

ARRIVAL

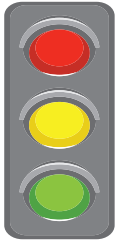
Arrival Question: What does *Jesus' Journey to the Cross* teach us?

God wants everyone to know Him as their Savior.

HIGHLIGHT OF THE TRIP

Are You Ready to Move On?

Honestly, check the option that most accurately describes your current discipleship journey.



- Red:** I am stuck. I need help from a mentor.
- Yellow:** I still have a few questions about salvation.
- Green:** I have received Jesus as my Savior from sins and as the Lord of my life. I have eternal life!

MEMORY VERSES

“For all have sinned and fall short of the glory of God.” **Romans 3:23**

“For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.”
Romans 6:23



If you can, watch the “Journey 1 Closing” video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

Jesus' birth was not His beginning—He is eternally God the Son. (John 1:14; 10:30-33)

Jesus added human nature to His divine nature and became a man. (John 1:14; Philippians 2:6-8)

Jesus never sinned. (Hebrews 4:15; 2 Corinthians 5:21)

Jesus is the one sacrifice for all sin for all time. (Hebrews 10:11-14)

To reject Jesus is to reject God's gift of eternal salvation. (John 3:36; 1 John 5:12)

Salvation cannot be earned by works, such as giving, serving, attending church, being baptized and so on. However, once a disciple is saved, they will want to work for the Lord. (Ephesians 2:8-9; James 2:17)



JOURNEY 2

Jesus' Journey to the Jordan River

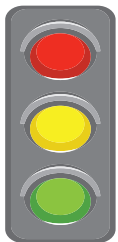
Baptism
Focus: Inner Life

JOURNEY REVIEW

Jesus always was and is with us; therefore, every journey is a “Jesus journey.” “For by Him, all things were created, in the heavens and on the earth, things visible and things invisible” (Colossians 1:16a). “Behold, I am with you always, even to the end of the age” (Matthew 28:20).

In our last lesson, Journey 1, we looked at *Jesus' Journey to the Cross*, and learned about God's plan of salvation for the world.

Before moving to this second journey, we need to answer the question:
“Are you willing to trust Jesus as Savior from sins and Lord of your life?”



- Red:** I am stuck. I need help from a mentor.
- Yellow:** I still have a few questions about salvation.
- Green:** I have received Jesus as my Savior from sins and as the Lord of my life. I have eternal life!

If you checked red: before moving on, review the last lesson (Journey 1) with a mentor to identify Scriptures that will help you discover God's plan for salvation. Move on to this next journey, when you can check yellow or green. Consider using the resource called *God's Invitation*.

If you checked yellow: review the last lesson (Journey 1) and further study the Scriptures. Talk to a mentor to help you understand salvation. Consider using the resource called *God's Invitation*. Move on to this next journey while doing this review, asking God to help you get a green light soon in this area.

If you checked green: you are ready to move on to this next lesson, but please remember that your salvation is secure in Christ!



**If you can, watch the
“Journey 2 Intro”
video now.**

TRIP PREPARATION

Read about the book of Matthew in the New Testament Quarter 1 Introduction.

The last journey, *Jesus' Journey to the Cross*, the most defining moment in a believer's life, the acceptance of Jesus as their Lord and Savior and accept His redeeming work that started on the cross and His resurrection from the grave three days later!

This journey will study an essential step of obedience, baptism. It is a public declaration of a person's faith in Jesus Christ and is considered an act of obedience to God's commandments. Being baptized is one of the essential initial steps of obedience as a disciple of Jesus. Baptism is a beautiful expression of new life in Jesus

Locate the area on the Jordan River where Jesus' baptism most likely occurred, between Jericho and Bethbara.

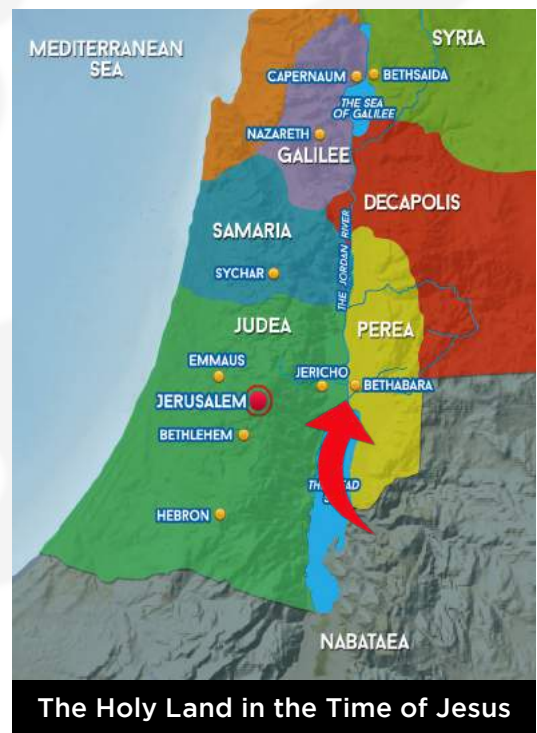
MATTHEW 3:13-17 [WEB]

JOURNEY PASSAGE

The Baptism of Jesus

¹³ Then Jesus came from Galilee to the Jordan to John, to be baptized by him. ¹⁴ But John would have hindered him, saying, "I need to be baptized by you, and you come to me?" ¹⁵ But Jesus, answering, said to him, "Allow it now, for this is the fitting way for us to fulfill all righteousness." Then he allowed him.

¹⁶ Jesus, when He was baptized, went up directly from the water: and behold, the heavens were opened to Him. He saw the Spirit of God descending as a dove, and coming on Him. ¹⁷ Behold, a voice out of the heavens said, "This is my beloved Son, with whom I am well pleased."



The Holy Land in the Time of Jesus

Map Location: Jordan River, East of Jericho

TRAVEL QUESTIONS

Answered in this journey: What does this journey teach us about baptism?

1. Why did Jesus go to the Jordan River? (verse 13) _____
2. Why would John the Baptizer have initially declined to baptize Jesus? (verse 14) _____

 How did Jesus respond to John's objection? (verse 15) _____

3. Right after Jesus was baptized, what happened?
 - a. heavens were _____ (verse 16)
 - b. Spirit of God _____ on Him like a _____

c. a voice from heaven said _____
 _____ (verse 17)

Note: This is one of the instances in Scripture where the three members of the Trinity are seen acting simultaneously.

4. **Read Matthew 28:19.** What did Jesus say about the practice of baptism? _____

Note: This is another instance in Scripture where the three members of the Trinity are mentioned together.

TRIP SUMMARY

It is important to remember that while baptism is essential, it is not the goal of the Great Commission. Baptism is a physical act representing a spiritual reality, namely, the washing away of sin and the new birth that comes through faith in Jesus Christ.

Baptism is also significant because it marks the beginning of a believer's journey of discipleship. It is a public declaration of faith, and it signifies a commitment to follow Jesus Christ and live a pleasing life to God.

Overall, baptism is important to Christians because it is a symbol of their faith in Jesus Christ. Keep in mind though baptisms are not the goal. Disciples are the goal

As seen in this lesson, *Jesus' Journey to the Jordan River* was for His baptism. With His baptism, He set an example. Later, just before He ascended into heaven, Jesus commanded His followers to be baptized. By His actions and statements, all can understand that a baptism is an important act of obedience in discipleship.

QUESTIONS AND ANSWERS ABOUT BAPTISM

What is the purpose of baptism?

Baptism is best understood as an outward expression of an inward work. Believers are saved when they receive Jesus as Savior and Lord (an inward work). After being saved, the profession of salvation outwardly is through baptism. See Romans 6:3-7 for a description of the symbolism of baptism.

When should a believer be baptized?

After a person has received salvation, baptism can occur at any time. In most circumstances, getting baptized soon after accepting Christ as Savior and Lord is probably best. In some cultures, baptism can cause anger and persecution. To help ensure a positive testimony, consider the timing, location, and baptism announcement Scripture teaches believers to "Walk in wisdom toward those who are outside, redeeming the time. Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one." (Colossians 4:5-6)

What if a believer is never baptized?

Remember the thief on the cross in Luke 23:39-43? While he was dying, he put his trust in Jesus. He never had an opportunity to be baptized, yet Jesus promised he would be in Paradise. So, baptism is not a requirement for salvation. (But it is an important step of obedience and an outward testimony of faith in Christ.)

PERSONAL APPLICATION

Have you been baptized? Yes No

If you have been baptized, what were the circumstances of your baptism? _____

If you have not yet been baptized, are you ready to follow the example and command (Matthew 28:19) of Jesus to be baptized? Yes No

If not, why? _____

If you are still undecided on whether you should be baptized, pray and ask God for His peace. Talk to your mentor if needed.

If yes, when might your baptism occur? _____

What is your next step to make that happen? _____

ARRIVAL

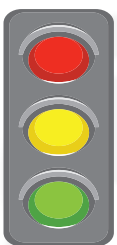
Arrival Question: What does *Jesus' Journey to the Jordan River* teach us?

HIGHLIGHT OF THE TRIP

God expects believers to be obedient in all things, including baptism.

Are You Ready to Move On?

Honestly, check the option that most accurately describes your current discipleship journey.



- Red:** I am stuck. I need help from a mentor.
- Yellow:** I still have a few questions or need to do some more homework
- Green:** With God's help, I am ready to be baptized or have already been baptized.

MEMORY VERSES

“... that if you will confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved. For with the heart, one believes resulting in righteousness; and with the mouth confession is made resulting in salvation.” **Romans 10:9-10**



If you can, watch the
“Journey 2 Closing”
video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

Baptism is important as obedience to Jesus, but it is not God's plan for salvation.

Salvation is only through Jesus' death on the cross and the resurrection from the grave.

(Luke 23:39-43; Romans 10:9)

Upon salvation, believers receive the Holy Spirit, a spiritual baptism different from physical baptism. (Luke 3:16; 1 Corinthians 12:13)

A disciple's physical baptism symbolizes Jesus' death, burial, and resurrection. At the same time, it shows how sin has died in being spiritually reborn (the old self buried) and raised to new life in Him. (Romans 6:3-7; Colossians 2:12)



JOURNEY 3

Jesus' Journey to the Wilderness

Overcoming Temptation

Focus: Deeper Discipleship

JOURNEY REVIEW

Jesus always was and is with us; therefore, every journey is a “Jesus journey.” “For by Him, all things were created, in the heavens and on the earth, things visible and things invisible” (Colossians 1:16a). “Behold, I am with you always, even to the end of the age” (Matthew 28:20).

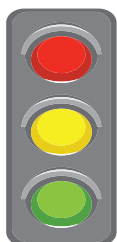
Be sure you are also practicing the other journeys covered so far in this quarter. Check these off if you are following the practices learned. If not, go back, review, and work on your area of weakness:

Journey 1 to the Cross: I know that I am saved.

In our last journey, we looked at *Jesus' Journey to the Jordan River*. This journey taught us about the significance of baptism.

Before moving to the next journey, we need to answer the question:

“Are you willing to obey Jesus in baptism?”



- Red:** I am stuck. I need help from a mentor.
- Yellow:** I still have a few questions or need to do some more homework
- Green:** With God's help, I will be baptized or have already been baptized.

If you checked red: before moving on, review the last lesson (Journey 2) with a mentor to identify Scriptures that help you understand why you should be baptized. Move on to this next journey, when you can check yellow or green.

If you checked yellow: review the last lesson (Journey 2) and further study the Scriptures. Consider talking with a mentor to help you understand why you should be baptized. Make plans for baptism. Move on to this next journey while doing this review, asking God to help you get a green light soon.

If you checked green: you are ready to move on to this next lesson.



If you can, watch the “Journey 3 Intro” video now.

TRIP PREPARATION

Read about the book of Luke in the New Testament Quarter 1 Introduction.

In this journey, Jesus is seen fasting for 40 days in the wilderness. During this time, He was visited by Satan and tempted. Remembering that Jesus is God and man, Satan attempted to appeal to Jesus’ human side. Satan is considered the adversary of God and the embodiment of evil. Satan tempted Jesus in the wilderness and appeared to tempt Jesus to try and lead Him away from God’s plan and into sin.

Locate Jerusalem on the map.

JOURNEY PASSAGE

LUKE 4:1-13 [WEB]

The Temptation of Jesus

¹ Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness ² for forty days, being tempted by the devil. He ate nothing in those days. Afterward, when they were completed, He was hungry. ³ The devil said to him, “If you are the Son of God, command this stone to become bread.” ⁴ Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’”

⁵ The devil, leading Him up on a high mountain, showed Him all the kingdoms of the world in a moment of time.

⁶ The devil said to Him, “I will give you all this authority and their glory, for it has been delivered to me, and I give it to whomever I want. ⁷ If you therefore will worship before me, it will all be yours.” ⁸ Jesus answered him, “Get behind me, Satan! For it is written, ‘You shall worship the Lord your God, and you shall serve Him only.’”

⁹ He [Satan] led Him to Jerusalem and set Him on the pinnacle of the temple, and said to Him, “If you are the Son of God, cast yourself down from here, ¹⁰ for it is written, ‘He will put his angels in charge of you, to guard you;’ ¹¹ and, On their hands they will bear you up, lest perhaps you dash your foot against a stone.” ¹² Jesus answering, said to him, “It has been said, ‘You shall not tempt the Lord your God.’” ¹³ When the devil had completed every temptation, he departed from Him until another time.



The Holy Land in the Time of Jesus

Map Location: Jerusalem

TRAVEL QUESTIONS

Answered in this journey: What does this journey teach us about overcoming temptations?

1. From where was Jesus returning? (verse 1) _____
 What had happened in Jordan? (see Journey 2 if needed) _____

Note: When a public profession of faith is made like Jesus did when He was baptized, some form of temptation can be expected to follow. The devil will seek to destroy a believer's commitment.

Who led Jesus to the wilderness? _____

2. What two things happened during Jesus' 40 days in the wilderness?
 a. _____ by the _____ (verse 2)
 b. ate _____

What happened at the end of the 40 days? _____

3. How did the devil exploit Jesus' weakness (hunger)? (verse 3) _____

Note: The devil personally chooses temptations in an area of weakness or vulnerability (see 1 Peter 5:8). See *Jesus' Journey to Victory* (New Testament Quarter 4, Journey 45) to study more on spiritual warfare.

4. How did Jesus respond to the temptation? (verse 4) _____

Note: Jesus' response is a quote from Deuteronomy 8:3.

5. Looking at verse 1 again, what prompted Jesus to fast for 40 days? _____

Note: As the Holy Spirit leads, disciples should spend time fasting and praying, as Jesus did. He expected to fast and, in Matthew 6:16-18, taught how to do it. See *Jesus' Journey to Fasting and Prayer* (Old Testament Quarter 4, Journey 98) for more. Some tips include: Fast for the period that He leads you to, usually not as long as 40 days. If you fast from food, be sure you are physically capable. Some with medical conditions should not fast from food for health reasons. However, they can fast from certain kinds of foods or other distractions.

6. What was the second temptation Jesus faced? (verses 6-7) _____

How did Jesus respond to the temptation? (verse 8) _____

7. What was the third temptation Jesus faced? (verses 9-11) _____
 What new deceptive tactic did the devil add this time? _____

Note: Jesus warned about those who would twist Scripture to deceive others. He called them wolves "**in sheep's clothing**" (Matthew 7:15). Be very careful of false teachers who turn people away from God's Word! For more on false teachers and teaching, see *Jesus' Journey to Cyprus* (New Testament Quarter 2, Journey 18) and *Jesus' Journey to Lystra* (New Testament Quarter 2, Journey 22).

How did Jesus respond to this temptation? (verse 12) _____

Note: In every temptation, Jesus answered with memorized Scripture. He set the example for us to fight temptation with Scripture.

TRIP SUMMARY

One school of thought as to why Satan attempted to tempt Jesus is that he wanted to prevent Jesus from fulfilling His mission as the Messiah, sent by God to save humanity from sin. Satan believed that by tempting Jesus with worldly desires and power, he could lead Him away from His divine purpose.

Another school of thought is that Satan wanted to challenge Jesus and test His faith and obedience to God, His Father. By tempting Jesus, he hoped to prove that Jesus was not truly the Son of God and did not possess the divine strength and willpower to resist temptation. Regardless, the story of Satan tempting Jesus serves as a reminder of the importance of resisting temptation and staying true to one's faith and purpose.

PERSONAL APPLICATION

“Don't love the world or the things that are in the world. If anyone loves the world, the Father's love isn't in him. For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—isn't the Father's, but is the world's.” (1John 2:15-16)

According to this passage, what two things are we not to love? _____

What three worldly things are we not to love? _____

What is your greatest temptation? _____

Believers can use many different strategies and techniques to resist temptations. Some may find memorizing Scripture particularly helpful, while others may find that prayer and accountability are more helpful for them.

Find verses that are God's answer to the temptation you wrote above. Write out the verse: (some examples below) _____

Examples:

Temptation

- Worry
- Lust
- Anger
- Fear

Scripture

- Philippians 4:6-7
- 2 Timothy 2:22
- James 1:19-20
- Isaiah 41:10

A Bible concordance can be a helpful resource for finding appropriate verses for other temptations. If you have access to the internet, relevant verses can often be found by searching for “Bible verses related to _____.”

Assignment: Memorize the Scripture you wrote above to answer your temptation. When tempted, begin using the Scripture as your response to the temptation.

It is important to remember that even Jesus faced temptation, and did not always use memorized Scripture to resist it. In Matthew 4:1-11, for example, Jesus resisted Satan's temptations by quoting the Bible, but He also used other strategies, such as fasting and prayer, as mentioned in this journey.

Ultimately, the most important thing is to have a strong and vibrant relationship with God and to be open and willing to seek His guidance and help in overcoming temptation.

ARRIVAL

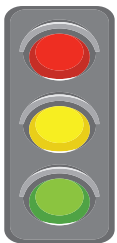
Arrival Question: What does *Jesus' Journey to the Wilderness* teach us?

HIGHLIGHT OF THE TRIP

God expects all believers to overcome temptation and to use memorized Scripture to stop temptation.

Are You Ready to Move On?

Honestly, check the option that most accurately describes your current discipleship journey.



- Red:** I am stuck. I need help from a mentor.
- Yellow:** I am not sure. I tried before and failed. I need help to overcome my temptations.
- Green:** With God's help, I am willing to memorize Scripture and overcome temptation.

MEMORY VERSE

"I have hidden your word in my heart that I might not sin against you." **Psalm 119:11**



If you can, watch the "Journey 3 Closing" video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

It is not a sin to be tempted. It is a sin to flirt with temptation and to submit to it.

(Hebrews 4:15; Matthew 4:1)

Temptation comes from the world (1 John 2:16), **the flesh** (James 1:13-14), **and the devil.**

(1 Peter 5:8)

God will never tempt anyone to sin. (James 1:13)

While it might be difficult to resist temptation, God always provides a way of escape from sin. (1 Corinthians 10:13)

For other lessons on conquering sin, see *Jesus' Journey to Sexual Purity* (New Testament Quarter 4, Journey 43) **and *Jesus' Journey to Defeating Secret Sins*** (Old Testament Quarter 1, Journey 67).



JOURNEY 4

Jesus' Journey to a Mountain

Mentoring

Focus: Deeper Discipleship

JOURNEY REVIEW

Jesus always was and is with us; therefore, every journey is a "Jesus journey." "For by Him, all things were created, in the heavens and on the earth, things visible and things invisible" (Colossians 1:16a).

"Behold, I am with you always, even to the end of the age" (Matthew 28:20).

Be sure you are also practicing the other journeys covered so far in this quarter. Check these off if you are following the practices learned. If not, go back, review, and work on your area of weakness:

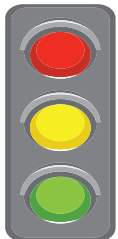
Journey 1 to the Cross: I know that I am saved.

Journey 2 to the Jordan: I have been baptized as a follower of Christ.

In our last journey, we looked at *Jesus' Journey to the Wilderness*. This journey taught us that God expects all believers to overcome temptation by using memorized Scripture.

Before moving on to the next journey, we need to answer the question:

"Are you willing to overcome temptations by memorizing Scripture?"



Red: I am stuck. I need help from a mentor.

Yellow: I am not sure. I tried before and failed. I need help to overcome my temptations.

Green: With God's help, I will memorize Scripture and overcome temptation.

If you checked red: before moving on, review the last lesson (Journey 3) with a mentor to identify Scriptures that help you understand how to overcome your temptations with memorization. Move on to this next journey when you can check yellow or green.

If you checked yellow: review the last lesson (Journey 3) and further study the Scriptures. Talk to a mentor to help you understand how to overcome your temptations with memorization. Move on to this next journey, while doing this review, asking God to help you get a green light soon in this area.

If you checked green: you are ready to move on to this next lesson, but please remember that you must always be ready with memorized Scripture to overcome temptation.



If you can, watch the "Journey 4 Intro" video now.

TRIP PREPARATION

Read about the book of Luke in the New Testament Quarter 1 Introduction, if you have not already.

In Journey 3, Jesus had been led by the Holy Spirit to have a time of fasting and prayer. There, Satan had attempted to cause Jesus to sin. After Jesus left, he returned to Capernaum and continued his ministry with his disciples.

Now, in this lesson, Jesus is praying about calling some of the disciples to apostles. It is helpful to understand the difference between a disciple and an apostle. The Greek word, APÓSTOLOS means "one who is sent out." This is in contrast to a disciple, from the Greek word MATHETES most often associated, with people who were "devoted followers" of a great leader or teacher. These two terms describe what the twelve were to do: learn from Jesus and then be sent out to do His work. Mark 3:14 describes this saying, "He appointed twelve, that they might be with Him, and that He might send them out to preach."

Locate Capernaum on the map.

JOURNEY PASSAGE

LUKE 6:12-16 [WEB]

The Twelve Apostles

¹² In these days, He went out to the mountain to pray, and He continued all night in prayer to God. ¹³ When it was day, He called His disciples, and from them He chose twelve, whom He also named apostles: ¹⁴ Simon, whom He also named Peter; Andrew, his brother; James; John; Philip; Bartholomew; ¹⁵ Matthew; Thomas; James the son of Alphaeus; Simon who was called the Zealot; ¹⁶ Judas the son of James; and Judas Iscariot, who also became a traitor.



The Holy Land in the Time of Jesus

Map Location: Hills near Capernaum

TRAVEL QUESTIONS

Answered in this journey: What does this journey teach us about discipling others?

1. Why did Jesus go to a mountain? (verse 12) _____

Read Luke 5:16. Why did He chose a mountain setting? _____

How long did Jesus pray? _____

What does the fact that Jesus "continued all night in prayer" say about the importance of His selection of the twelve apostles? _____

2. What did Jesus do after it turned daylight? (verse 13) _____

3. While there were twelve original disciples or apostles, all followers of Jesus are also His disciples. Believers are to follow Jesus' example: "Jesus, therefore, said to them again, 'Peace be to you. As the Father has sent Me, even so, I send you'" (John 20:21). If believers follow Jesus' example and He mentored disciples, what should all believers do? _____

4. What did Judas Iscariot become? (verse 16) _____
5. What does the life of Judas Iscariot say about the potential that some might fall away? _____

Does the potential that some will fall away mean believers should ever give up discipling others?
 Yes No Maybe

TRIP SUMMARY

The number of Christ's followers has grown from these original few to billions. This journey passage provides a pattern for this growth. All Christ followers are called to discipleship, both as disciples and disciple-makers. All should be disciplined in the faith and to disciple others. A small group of twelve is often a helpful target number. But it is not the only possible number of disciples. Jesus also sent out 72 (see Luke 10:1). He also had an inner circle of three, Peter, James, and John (see Matthew 17:1).

The important issue is not the number of disciples but that all believers obey Christ's command to "make disciples."

PERSONAL APPLICATION

Discipleship is the deliberate process of studying the Bible to know what to believe and how to live as a mature follower of Christ and then hold one another accountable to obey the Scriptures and multiply disciples. The purpose is to help someone move from milk to meat, carnal to mature, and pagan to a passionate Christ-follower.

Discipleship is best practiced in small groups, as Jesus did, but it can be done in one-on-one situations. To avoid opposite-sex complications in one-on-one discipling, men should mentor men, and women should mentor women (Titus 2:1-6).

Next step:

List the names of those you would like to disciple up to 12, like the original 12 disciples of Jesus:

- | | |
|----------|-----------|
| 1. _____ | 7. _____ |
| 2. _____ | 8. _____ |
| 3. _____ | 9. _____ |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |

Consider using DJJ lessons to disciple others.

With these lessons, disciples learn about the basic and advanced spiritual disciplines of the Bible. Students become deeply committed to Christ and communion with Him as true disciples.

If you are a new disciple studying these DJJ lessons on your own, without a mentor, consider these steps to finding a mentor to help you grow so you can then disciple others.

Here are some steps to locate a mentor for yourself:

- a. Pray for a group or mentor who might disciple you.
- b. List the names of potential groups or mentors.
- c. Join the best group or individual to meet with you for prayer and fellowship.
- d. If things go well, ask to continue meeting.
- e. If things don't work out, go to the next option on your list, until you find the right discipleship group or individual.

Commit.

When do you plan to start discipling others? _____

What tools do you plan to use in your disciple-making? _____

If you need discipling, who do you plan on asking? _____

ARRIVAL

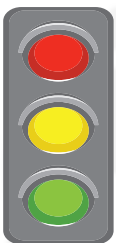
Arrival Question: What does *Jesus' Journey to a Mountain* teach us?

God expects all believers to follow His teachings and do what He did and commanded, "**make disciples.**"

HIGHLIGHT OF THE TRIP

Are You Ready to Move On?

Honestly, check the option that most accurately describes your current discipleship journey.



Red: I am stuck. I need help from a mentor.

Yellow: I am not sure, but I am willing to learn and grow more first.

Green: With God's help, I am ready to disciple others. Or, I am already discipling others.

MEMORY VERSE

“The things which you have heard from me among many witnesses, commit the same to faithful men, who will be able to teach others also.” **2 Timothy 2:2**



If you can, watch the “Journey 4 Closing” video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible’s teaching:

Christians are to be like Jesus (1 John 2:6) **and do like Jesus** (Matthew 17:1; Mark 3:14; John 20:21). **All believers are commanded by Jesus to “make disciples.”** (Matthew 28:18-20)

To be like Jesus and do what He did, believers must disciple others and send them out to multiply. (Matthew 4:19-20; Mark 3:14, 6:15; John 1:45, 15:16; Acts 1:8; Romans 10:14-15; Ephesians 4:16)